## Core Language - Yoga

Language Board – Symbolstix

I CO	is	do	like	see	yes	no not	more
you	help	STOP	go	up	down	something different	all done
it	move	breathe	stand A	on	off	fast	slow
he	sit	lay down	arm	in	out	awesome	funny HAHA HA
she	leg	hand	owl pose	dog pose	bear pose	tree pose	calm

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